

5.68- RECESS POLICY

All elementary school students should engage in at least one daily period of at least 20 minutes of supervised recess, preferably outdoors. Recess is defined as unstructured play opportunities that allow children to engage in physical activity.

Recess is a necessary educational support component for all children. It is no more or less a tool for reward or discipline than any other component of the school day.

Recess does not replace physical education classes nor should it interfere with physical education classes that are taking place in a common environment. Physical education is defined as sequential instruction to enhance the development of motor skills, movement concepts, and physical fitness.

Adequate and safe spaces and facilities and developmentally appropriate equipment will be provided for students to engage in enjoyable physical activity. Children are taught positive personal and social skills (e.g., cooperation, conflict resolution) for use during recess.

Safety rules will be taught and enforced. Adult supervision will ensure each child's physical and emotional safety.

Adopted: 11-17-2011