

2010 FAYETTEVILLE BULLDOGS FOOTBALL CAMP

**June 14-17
8:30 to Noon
Harmon Field**



CAMP SCHEDULE

Monday June 14 & Tuesday June 15

8:00 Registration
8:30 Warm-up & Stretch
8:50 Individual Drills - Offense
9:30 Break
9:35 Team Offense
9:55 Break
10:00 Special Teams
10:20 Break
10:40 Guest Speaker
10:50 Defensive Groups
11:30 Break
11:35 Fast Break Football
Noon Home

Wednesday June 16

8:30 Warm-up & Stretch
8:45 Weight Room Rules
9:00 Group 1 - weights; Group 2 - outside drills
9:30 Break
9:35 Switch Groups
10:05 Break
10:20 Guest Speaker
10:30 Warm-up
10:40 Group 1 - weights; Group 2 - plyometrics
11:10 Break
11:15 Switch Groups
11:45 Awards
Noon Home

Thursday June 17

8:30 Highlight Video
8:50 Warm-up & Stretch
9:10 Individual Drills - Offense
9:30 Individual Drills - Defense
9:50 Break
10:00 Special Teams
10:30 Guest Speaker
10:50 Warm-up
11:15 Fast Break Football Games
11:45 Awards (Friday)
Noon Home



A WORD FROM HEAD COACH DARYL PATTON:

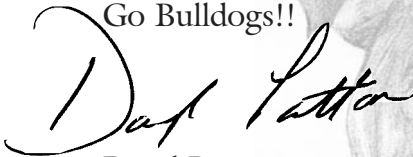
Dear Parents & Campers;

I would like to thank you for considering Fayetteville High School as one of your camps for 2010. We have established a great staff to ensure that you receive full benefit from the knowledge of some of the best high school coaches from the state of Arkansas.

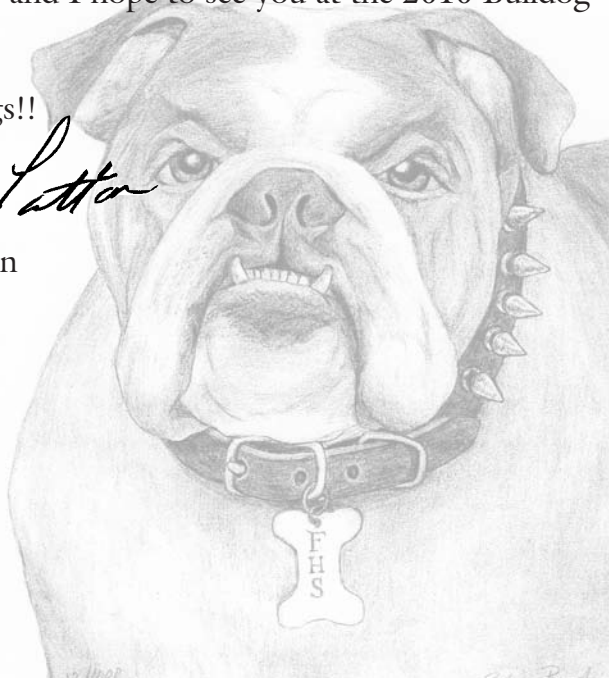
This camp's purpose is to teach the fundamentals of each position on the football field. We will do this by using specific video instruction accompanied by individual instruction from our State Champion Bulldog Staff. We will also give lectures on motivation, life skills, and academic responsibility.

Best wishes and I hope to see you at the 2010 Bulldog Football Camp!

Go Bulldogs!!

A stylized, handwritten signature in black ink that reads "Daryl Patton". The letters are fluid and connected, with a large initial "D".

Daryl Patton



PARENTAL AND MEDICAL RELEASE FORM

It is understood that Fayetteville High School does not provide medical insurance covering injuries of any nature incurred during the 2010 Football Camp. The undersigned hereby releases the Fayetteville School District, its successors, assigns, officers, agents, and employees from any and all claims, demands, and causes of action whatsoever in any way growing out of or resulting from participation in the 2010 Football Camp. All participants should be covered by their own insurance policies.

Signature of Parent or Guardian

Each Camper must have one of the three signatures below signed and returned:

1. Physical exam on file @ school

Signature of Coach

2. Doctor's signature certifying a physical exam within the last year

Signature of Doctor

3. Parent's signature certifying a physical exam within the last year

Signature of Parent

CAMP REGISTRATION FORM

Return this portion by May 28, 2010

Name: _____

Grade entering: _____

Ht. _____ Wt. _____

Age _____ Shirt size _____

Offensive positions _____

Defensive positions _____

Parents name: _____

Address: _____

Phone (Home) _____

(Work) _____

Parents Signature _____

Please check the desired camp:

Football Camp (\$80.00)

FOOTBALL CAMP STAFF:

Daryl Patton - Head Coach

Jared McBride - Asst. Head Coach/QB

Jeff Carter - Conditioning Coordinator/DL

Wendell Harris - Running Backs

Drew Yoakum - Special Teams Coordinator/WR

Mark White - Strength Coordinator/OL

Brian Early - Defensive Coordinator/LB

Bobby Crockett - Woodland Jr. High Head Coach

Craig Foringer - Ramay Jr. High Head Coach

Lorenzo Robinson - LB

Rory Heinsoth - LB

Tim Miller - DL

CAMP INFORMATION

The camp is open to all 4th through 9th graders. The cost is \$80 per person. Registration should be turned in by May 28, 2010. Registration will also be available on the first day of camp for 75. Please make checks payable to Fayetteville Football Camp and return it to your school office with the registration form in an envelope marked "Football Camp."

You may also mail it to:

Fayetteville High School

Attn: Daryl Patton

1001 W. Stone Street

Fayetteville, AR 72701

Each camper will receive a t-shirt, and awards will be given to the top campers from each grade.

Questions? (479) 973-8682

