

# Camp Schedule

## Monday June 15 & Tuesday June 16

8:00 Registration  
8:30 Warm-up & Stretch  
8:50 Individual Drills - Offense  
9:30 Break  
9:35 Team Offense  
9:55 Break  
10:00 Special Teams  
10:20 Break  
10:40 Guest Speaker  
10:50 Defensive Groups  
11:30 Break  
11:35 Fast Break Football  
Noon Home

## Wednesday June 17

8:30 Warm-up & Stretch  
8:45 Weight Room Rules  
9:00 Group 1 - weights; Group 2 - outside drills  
9:30 Break  
9:35 Switch Groups  
10:05 Break  
10:20 Guest Speaker  
10:30 Warm-up  
10:40 Group 1 - weights; Group 2 - plyometrics  
11:10 Break  
11:15 Switch Groups  
11:45 Awards  
Noon Home

## Thursday June 18

8:30 Highlight Video  
8:50 Warm-up & Stretch  
9:10 Individual Drills - Offense  
9:30 Individual Drills - Defense  
9:50 Break  
10:00 Special Teams  
10:30 Guest Speaker  
10:50 Warm-up  
11:15 Fast Break Football Games  
11:45 Awards (Friday)  
Noon Home

# 2009 Fayetteville Bulldogs Football Camp

**June 15-18**  
**8:30 to Noon**  
**Harmon Field**



## A word from Head Coach Daryl Patton:

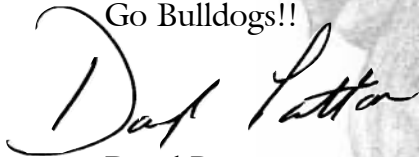
Dear Parents & Campers;

I would like to thank you for considering Fayetteville High School as one of your camps for 2009. We have established a great staff to ensure that you receive full benefit from the knowledge of some of the best high school coaches from the state of Arkansas.

This camp's purpose is to teach the fundamentals of each position on the football field. We will do this by using specific video instruction accompanied by individual instruction from our State Champion Bulldog Staff. We will also give lectures on motivation, life skills, and academic responsibility.

Best wishes and I hope to see you at the 2009 Bulldog Football Camp!

Go Bulldogs!!



Daryl Patton



## Football Camp Staff:

**Daryl Patton** - Head Coach

**Jared McBride** - Asst. Head Coach/QB

**Jeff Carter** - Conditioning Coordinator/DL

**Wendell Harris** - Running Backs

**Drew Yoakum** - Special Teams Coordinator/WR

**Mark White** - Strength Coordinator/OL

**Tony Travis** - Defensive Coordinator/LB

**Bobby Crockett** - Woodland Jr. High Head Coach

**Craig Foringer** - Ramay Jr. High Head Coach

**Rory Heinsoth** - DB

**Tim Miller** - LB

### Camp Information

The camp is open to all 4th through 9th graders. The cost is \$50 per person. Registration should be turned in by **May 29, 2009**. Registration will also be available on the first day of camp for 75. Please make checks payable to Fayetteville Football Camp and return it to your school office with the registration form in an envelope marked "Football Camp."

You may also mail it to:

**Fayetteville High School  
Attn: Daryl Patton  
1001 W. Stone Street  
Fayetteville, AR 72701**

Each camper will receive a t-shirt, and awards will be given to the top campers from each grade.

Questions? (479) 973-8682

# Parental and Medical Release Form

*It is understood that Fayetteville High School does not provide medical insurance covering injuries of any nature incurred during the 2009 Football Camp. The undersigned hereby releases the Fayetteville School District, its successors, assigns, officers, agents, and employees from any and all claims, demands, and causes of action whatsoever in any way growing out of or resulting from participation in the 2008 Football Camp. All participants should be covered by their own insurance policies.*

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*Signature of Parent or Guardian*

*Each Camper must have one of the three signatures below signed and returned:*

**1. Physical exam on file @ school**

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*Signature of Coach*

**2. Doctor's signature certifying a physical exam within the last year**

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*Signature of Doctor*

**3. Parent's signature certifying a physical exam within the last year**

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*Signature of Parent*

# Camp Registration Form

Return this portion by May 29, 2009

Name: \_\_\_\_\_

Grade entering: \_\_\_\_\_

Ht. \_\_\_\_\_ Wt. \_\_\_\_\_

Age \_\_\_\_\_ Shirt size \_\_\_\_\_

Offensive positions \_\_\_\_\_

Defensive positions \_\_\_\_\_

Parents name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone (Home) \_\_\_\_\_

(Work) \_\_\_\_\_

Parents Signature \_\_\_\_\_

## **Please check the desired camp:**

Football Camp (\$60.00)