
Early Registration Form

Conference at a Glance

	Time
<input type="checkbox"/> Registration	9:00 - 9:30
<input type="checkbox"/> Workshop session	9:30 – 10:10
<input type="checkbox"/> Workshop session	10:30-11:10
<input type="checkbox"/> Workshop session	11:15-11:55
<input type="checkbox"/> Exhibits	9:00-12:30

Please Print

Name _____

Address _____

City/State/Zip _____

Phone _____

Email

Workshop Choice

Please write the titles of workshops that are of greatest interest.

Session A Title _____

Session B Title _____

Session C Title _____

If your child will participate in the activity clinics please complete the following registration information:

Child's Name & Grade _____

Clinic Choice #1 _____

Clinic Choice #2 _____

**Please Return Registration
To Your Child's School by
March 6, 2013**

Sponsors and Co-Sponsors

*We would like to thank all of our supporters
for their generosity.*

- *Fayetteville Adult & Community
Education Center*
- *Fayetteville Boys & Girls Club*
- *Generations Health and Wellness*
- *FPS Education & Wellness Center*
- *Springwoods Behavioral Health*
- *Northwest Arkansas Tobacco Coalition*
- *Ozark Guidance Center*
- *Cedar Crest Academy*

**Saturday, March 9, 2013
9 AM — 12:30 PM
Owl Creek School
Free Seminars for Parents**

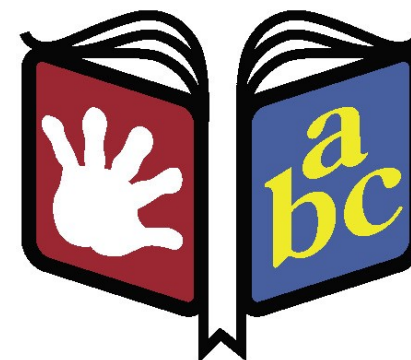
Parenting University
Owl Creek School
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Fayetteville AR 72704

Phone: 479 718-0200
Fax: 479 718-0201
E-mail: tonya.essex@fayar.net
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A Parent's University

Saturday, March 9, 2013
9 AM — 12:30 PM
Owl Creek School
Free Seminars for
Parents



Free Activity Clinics for Children

Archery

Taekwondo

Art Experience



A Parent's University

Session A

Residential Energy Efficiency

This workshop provides tips to improve the energy efficiency of your home. *Presented by Dana Smith of Fayetteville Public Schools Sustainability Office*

Services of Adult Education Center

This workshop looks at classes and services available at the Fayetteville Adult and Community Education Center. *Presented by Kathleen Spigarelli of Fayetteville Adult and Community Education Center*

The Importance of Play

This workshop will discuss the importance of play and how parents can encourage play in the home. *Presented by Joel Martin, MHPP of Ozark Guidance Center*

Parents Matter: Helping Your Child Do Well In School

This presentation provides parents with tips to help their child be successful in school. *Presented by Whitney Green and Bridgette Davis of Fayetteville Public Schools*

Meals On The Go and Healthier Fast Food Options

This presentation will look at ways to encourage healthier eating for families on the go. *Presented by Allyson Mrachek of Fayetteville Public Schools*

Session B

Continuous Learning Calendar

This session will share information regarding the Continuous Learning Calendar (CLC), including comparing Fayetteville Schools CLC calendar and traditional calendar, challenges with traditional and CLC calendar, and benefits/struggles for both calendars. This will be an interactive session and provide a forum for parents to share ideas and suggestions regarding whether CLC would be beneficial for Owl Creek PK-7th grade families and staff. *Presented by Kristen Champion, Principal of Owl Creek School, Fayetteville Public Schools*

Cyberbullying

This workshop looks at ways parents can protect their children from cyberbullying. Presented by Erica Baughman, PhD; Director of School Based Services with Ozark Guidance Center

Youth Suicide— What to Watch For

A look at youth suicide, this presentation will provide tips to parents on what warning signs need to watch for in their child. *Presented by Meredith Meadows of Springwoods Behavioral Health*

ADHD Children

This presentation will provide specific techniques to parents, teachers, and peers on working with an ADHD child. *Presented by Ben Faulkner, MHPP of Ozark Guidance Center*

Meals On The Go and Healthier Fast Food Options

This presentation will look at ways to encourage healthier eating for families on the go. *Presented by Allyson Mrachek of Fayetteville Public Schools*

Improving Your Child's Organizational Skills

This workshop discusses how parents can help their children with organizational skills. *Presented by Richard Armendariz of Fayetteville Public Schools*

Session C

Continuous Learning Calendar

This session will share information regarding the Continuous Learning Calendar (CLC), including comparing Fayetteville Schools CLC calendar and traditional calendar, challenges with traditional and CLC calendar, and benefits/struggles for both calendars. This will be an interactive session and provide a forum for parents to share ideas and suggestions regarding whether CLC would be beneficial for Owl Creek PK-7th grade families and staff. *Presented by Kristen Champion, Principal of Owl Creek School, Fayetteville Public Schools*

Meals On The Go and Healthier Fast Food Options

This presentation will look at ways to encourage healthier eating for families on the go. *Presented by Allyson Mrachek of Fayetteville Public Schools*

Whole Body Wellness

Learn how to prevent the top 3 leading causes of death by 98%. Learn how to save thousands in health care costs, and learn the keys to living a healthy and well life. *Presented by Dennis Warren, D.C. of Generations Health and Wellness Center*

Stop and Think: A Guide to Children's Good Behavior

This workshop provides tips for parents to encourage good behavior in our children. *Presented by Patty Thomas of Fayetteville Public Schools*

Increasing Your Child's Motivation to Learn

This workshop provides strategies parents can use to successfully motivate their child. *Presented by Toni McComack of Fayetteville Public Schools*