

FHS VOLLEYBALL CAMP

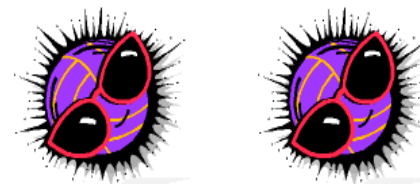
I personally invite you to join us this summer at the Fayetteville High School Volleyball Camp. Our camp will provide a fun and exciting environment that will give you the opportunity to improve your skills as a volleyball player and challenge you to reach your highest potential. We will have some of the best coaches in Northwest Arkansas, current and former Lady Razorbacks, and members of the Fayetteville High School volleyball team, teaching all aspects of the game of volleyball. Please come join us and prepare to learn, have fun and “dig” every minute !!”

Jessica Phelan

Location: Fayetteville High School
1001 W. Stone St.
Fayetteville, AR 72701

Camp Description: We will offer two sessions:

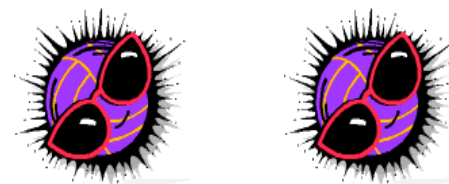
- **Session 1 (Grade 3 – Grade 6)**
Dates: JULY 13-16
Time: 9:00 A.M. – 12:00.
Cost: \$50.00 (includes t-shirt)
This session will focus on teaching the fundamentals of the game of volleyball. We will work on teaching all of the individual skills of the game including serving, passing, spiking, and blocking as well as introducing offensive and defensive team concepts.
- **Session 2 (Grade 7/8/9)**
Dates: JULY 13-16
Time: 1:00 P.M. – 4:00 P.M
Cost: \$50.00 (includes t-shirt)
This session will focus on improving individual skills of the game including serving, passing, spiking, and blocking and incorporating them into an advanced offensive and defensive team concept.



What to bring:

Campers should wear practice clothes, kneepads, and competitive shoes. Campers should avoid bringing valuables, as The Camp is not responsible for lost or stolen articles.

Insurance: All campers must have medical insurance. Parent(s) must give permission for camp staff to act on the camper’s behalf in case of a medical emergency and the parent(s) cannot be reached.





2009 VOLLEYBALL CAMP
Registration Form

PLEASE PRINT OR TYPE

Camper's Name _____

Street Address _____

City _____

State _____ Zip Code _____

Phone (____) _____

Grade entering in Fall 09 _____

CAMP OPTION: CHECK APPROPRIATE BOX

- Session 1, July 13-16 \$50.00
- Session 2, July 13-16 \$50.00

Adult t-shirt size (Circle One)

S M L XL

Child t-shirt size (Circle One)

M L

PARENTS: I understand each camper must have her own medical insurance. I understand that physical activity is involved and I hold harmless The Camp, it's staff, or Fayetteville Public Schools in case of injury to the camper while she is participating at The Camp. I also grant permission for camp staff to act on my behalf in case of a medical emergency and I cannot be reached.

Parent Signature

Date

PLEASE MAIL THE COMPLETED FORM WITH YOUR CHECK TO:

**Jessica Phelan
FHS Volleyball Camp
1633 W. Halsell Rd.
Fayetteville, AR 72701**

???????Questions???????

Please contact:
Jessica Phelan
1633 W. Halsell Rd.
Fayetteville, AR 72701
Phone: (479) 841-8343
Email: jphelan@fayar.net

**Registration Deadline
July 10**

FAYETTEVILLE HIGH SCHOOL



VOLLEYBALL CAMP 2009